

Hong Kong Society of Myeloma

# Annual Scientific Meeting 2023

**Date:**  
28 October 2023 (Sat)

**Time:**  
14:00 - 20:00

**Venue:**  
Grand Ballroom,  
Conrad Hong Kong

**Program Book**



IN THE TREATMENT OF RELAPSED REFRACTORY MULTIPLE MYELOMA

**SARCLISA**  
(isatuximab)

# ACHIEVE GREATER OUTCOMES FOR YOUR PATIENTS



**IKEMA<sup>2,4</sup>: SARCLISA + Kd vs Kd (N=302)**

**mPFS 35.7 mo\***  
vs 19.2 mo with Kd alone  
**HR=0.58**  
(95.4% CI: 0.42-0.79)



**Superior  
PFS<sup>1</sup>**

**ICARIA<sup>3</sup>: SARCLISA + Pd vs Pd (N=307)**

**mPFS 11.53 mo**  
vs 6.47 mo with Pd alone  
**HR=0.596**  
(95% CI: 0.44-0.81; P=0.001)

## IKEMA trial: SARCLISA + Kd<sup>12</sup>

IKEMA (EFC15246) was a multicentre, multinational, randomised, open-label, 2-arm, phase 3 study that evaluated the efficacy and safety of SARCLISA in 302 patients with relapsed and/or refractory multiple myeloma who had received 1 to 3 prior lines of therapy. Patients received either SARCLISA 10 mg/kg administered as an IV infusion in combination with Kd (n=179) or Kd alone (n=123), administered in 28-day cycles until disease progression or unacceptable toxicity. PFS was the primary endpoint; secondary endpoints included ORR, CR, 2vGPR, MRD-, and OS. Median follow-up for the first interim analysis was 20.7 months.

## ICARIA trial: SARCLISA + Pd<sup>13</sup>

ICARIA (EFC14335) was a multicentre, multinational, randomised, open-label, 2-arm, phase 3 study that evaluated the efficacy and safety of SARCLISA in 307 patients with relapsed and refractory multiple myeloma who had received at least 2 prior lines of therapy, including lenalidomide and/or Pd. Patients received either SARCLISA 10 mg/kg administered as an IV infusion in combination with Pd (n=154) or Pd alone (n=153), administered in 28-day cycles until disease progression or unacceptable toxicity; ORR was the primary endpoint; ORR was one of the secondary endpoints. Median follow-up for the first interim analysis was 11.6 months.

## Most common adverse reactions<sup>1,2,4</sup>

- In ICARIA, the most frequent adverse reactions (≥20%) were neutropenia (47%), infusion reactions (38%), pneumonia (31%), upper respiratory tract infection (28%), diarrhoea (26%), and bronchitis (24%)
- In IKEMA, the most frequent adverse reactions (≥20%) were infusion reactions (46%), hypertension (37%), diarrhoea (36%), upper respiratory tract infection (36%), pneumonia (29%), fatigue (28%), dyspnoea (28%), insomnia (24%), bronchitis (23%), and back pain (22%).

## SARCLISA is indicated:

- In combination with pomalidomide and dexamethasone, for the treatment of adult patients with relapsed and refractory multiple myeloma who have received at least two prior therapies including lenalidomide and a proteasome inhibitor and have demonstrated disease progression on the last therapy
- In combination with carfilzomib and dexamethasone, for the treatment of adult patients with multiple myeloma who have received at least one prior therapy

\*Assessment by masked independent response committee (IRC)

References: 1. Sarclisa Hong Kong prescribing information based on EU SmPC 29 July 2021. 2. Moreau P, et al. *Lancet* 2021;397:316-31. 3. Aral M, et al. *Lancet*. 2019;394(10214):2096-2107. 4. Moreau P, et al. Presented at ESMO Virtual Plenaries, 2022 and 8th COMy World Congress. 20th May, 2022.

Preparation: SARCLISA 20 mg/mL concentrate for solution for infusion. One mL of concentrate for solution for infusion contains 20 mg of isatuximab. Each vial contains 100 mg of isatuximab in 5 mL of concentrate (100 mg/5mL). Each vial contains 500 mg of isatuximab in 25 mL of concentrate (500 mg/25mL). Indications: In combination with pomalidomide and dexamethasone, for the treatment of adult patients with relapsed and refractory multiple myeloma who have received at least two prior therapies including lenalidomide and a proteasome inhibitor and have demonstrated disease progression on the last therapy. In combination with carfilzomib and dexamethasone, for the treatment of adult patients with multiple myeloma who have received at least one prior therapy. Dosage & Administration: Intravenous infusion. Each treatment cycle consists of a 28-day period. Treatment is repeated until disease progression or unacceptable toxicity.

Cycles	Dosing schedule
Cycle 1	Days 1, 8, 15, and 22 (weekly)
Cycle 2 and beyond	Days 1, 15 (every 2 weeks)

Pre-medication should be used prior to SARCLISA infusion with the following medicinal products: 1. a. Dexamethasone 40 mg oral or intravenous (or 20 mg oral or intravenous for patients <75 years of age); when administered in combination with isatuximab and pomalidomide. b. Dexamethasone 20 mg intravenous on the days of isatuximab and/or Carfilzomib infusions, and oral on the other days, when administered in combination with isatuximab and carfilzomib. II. Acetaminophen 650 mg to 1000 mg oral (or equivalent). III. Diphenhydramine 25 mg to 50 mg intravenous or oral (or equivalent (i.e., cetirizine, promethazine, dexchlorpheniramine)). The intravenous route is preferred for at least the first 4 infusions. The above recommended dose of dexamethasone corresponds to the total dose to be administered only once before the infusion. The recommended pre-medication agents should be administered 15-60 minutes prior to starting a SARCLISA infusion. Contraindications: Hypersensitivity to the active substance or to any of its excipients. Precautions: Vital signs should be frequently monitored during the entire SARCLISA infusion. Where required, interrupt SARCLISA infusion and provide appropriate medical and supportive measures. In case symptoms do not improve to (or prevent) after interruption of SARCLISA infusion, persist or worsen despite appropriate medicinal products, require hospitalization or are life-threatening, permanently discontinue SARCLISA and institute appropriate management. Complete blood cell counts should be monitored periodically during treatment. Patients with neutropenia should be monitored for signs of infection. No dose reductions of SARCLISA are recommended. SARCLISA dose delay and the use of colony-stimulating factors (e.g. G-CSF) should be considered to mitigate the risk of neutropenia. Patients receiving SARCLISA should be closely monitored for signs of infection and appropriate standard therapy instituted. Antibiotics and antiviral prophylaxis can be considered during treatment. Physicians should carefully evaluate patients before and during treatment as per IMWG guidelines for occurrence of SPM and initiate treatment as indicated. To avoid potential problems with RBC transfusion, patients being treated with SARCLISA should have blood type and screen tests performed prior to the first infusion. Phenotyping may be considered prior to starting SARCLISA treatment as per local practice. If treatment with SARCLISA has already started, the blood bank should be informed. Patients should be monitored for the theoretical risk of haemolysis. If an emergency transfusion is required, non-cross-matched ABO/Rh-compatible RBCs can be used as per local blood bank practice. Drug interactions: Isatuximab has no impact on the pharmacokinetics of pomalidomide or carfilzomib, or vice versa. Pregnancy and lactation: There are no available data on isatuximab use in pregnant women. Animal reproduction toxicity studies have not been conducted with isatuximab. Immunoglobulin G1 monoclonal antibodies are known to cross the placenta after the first trimester of pregnancy. The use of isatuximab in pregnant women is not recommended. It is unknown whether isatuximab is excreted in human milk. Human IgG3s are known to be excreted in breast milk during the first few days after birth, which is decreasing to low concentrations soon afterwards; however, a risk to the breast-fed child cannot be excluded during this time. For this specific use, a decision must be made whether to discontinue breast-feeding or to discontinue/abandon from isatuximab taking into account the benefit of breast-feeding for the child and the benefit of therapy for the woman. Afterwards, isatuximab can be used during breast-feeding if clinically needed. Undesirable effects: isatuximab in combination with pomalidomide and dexamethasone. Most common adverse reactions reported: pneumonia, upper respiratory tract infection, bronchitis, neutropenia, fatigue, diarrhoea, dyspnoea, dizziness, diarrhoea, nausea, vomiting, infusion reaction. Isatuximab in combination with carfilzomib and dexamethasone. Most common adverse reactions reported: pneumonia, upper respiratory tract infection, bronchitis, hypertension, dyspnoea, cough, diarrhoea, vomiting, fatigue, infusion reaction. For other undesirable effects, please refer to the full prescribing information. Preparation: The preparation of the infusion solution must be done under aseptic conditions. Legal Classification: Part 1 First & Third Schedule Poisons Full prescribing information is available upon request.

AP-HK-SAR-22-01

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**sanofi**

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REDUCES TREATMENT TIME TO 3–5 MINUTES<sup>1</sup>

Say goodbye to long infusions.

Say hello to **DARZALEX® SC**

From the first dose, DARZALEX® SC transforms treatment time from a long infusion to just a 3–5-minute injection.<sup>1</sup>

You can now deliver equal efficacy with fewer and less severe IRRs in a fraction of the time.<sup>2,3</sup>

**References:** 1. DARZALEX® SC Hong Kong Prescribing Information P01. 2. Mateos MV, et al. *Lancet Haematol*. 2020;7(5):e370-80. 3. Usmani SZ, et al. *Haematologica*. 2022;107(10):2408-17.

**DARZALEX SOLUTION FOR SUBCUTANEOUS INJECTION 1800MG/15ML**

**ABBREVIATED PRESCRIBING INFORMATION**

**ACTIVE INGREDIENT(S):** Daratumumab **INDICATION(S):** Multiple myeloma: 1) DARZALEX is indicated in combination with lenalidomide and dexamethasone or with bortezomib, melphalan and prednisone for the treatment of adult patients with newly diagnosed multiple myeloma who are ineligible for autologous stem cell transplant; 2) in combination with bortezomib, lenalidomide and dexamethasone for the treatment of adult patients with newly diagnosed multiple myeloma who are eligible for autologous stem cell transplant; 3) in combination with lenalidomide and dexamethasone, or bortezomib and dexamethasone, for the treatment of adult patients with multiple myeloma who have received at least one prior therapy; 4) in combination with pomalidomide and dexamethasone for the treatment of adult patients with multiple myeloma who have received one prior therapy containing a proteasome inhibitor and lenalidomide and were lenalidomide-refractory, or who have received at least two prior therapies that included lenalidomide and a proteasome inhibitor and have demonstrated disease progression on or after the last therapy; 5) as monotherapy for the treatment of adult patients with relapsed and refractory multiple myeloma, whose prior therapy included a proteasome inhibitor and an immunomodulatory agent and who have demonstrated disease progression on the last therapy. Light chain (AL) amyloidosis: DARZALEX is indicated in combination with cyclophosphamide, bortezomib and dexamethasone for the treatment of adult patients with newly diagnosed systemic AL amyloidosis. **DOSAGE & ADMINISTRATION:** 1800 mg administered subcutaneously over approximately 3-5 minute according to the dosing schedule in package insert. Refer to package insert for dose and schedule of other medicinal products in combination and recommended concomitant medicinal products. **CONTRAINDICATIONS:** Hypersensitivity to the active substance or to any of the excipients. **SPECIAL WARNINGS & PRECAUTIONS:** Infusion-related reactions: patients should be pre-medicated with antihistamines, antipyretics, and corticosteroids as well as monitored and counselled regarding IRRs. Neutropenia/thrombocytopenia: complete blood cell counts should be monitored periodically during treatment; Interference with indirect antiglobulin test (indirect Coombs test); Interference with determination of complete response; Hepatitis B virus (HBV) reactivation: HBV screening should be performed in all patients before initiation of treatment. **SIDE EFFECTS:** Infusion-related reactions; fatigue, nausea, diarrhoea, constipation, pyrexia, cough, neutropenia, thrombocytopenia, anaemia, oedema peripheral, peripheral sensory neuropathy and upper respiratory tract infection. Refer to the full prescribing information for other side effects. **PREGNANCY & LACTATION:** DARZALEX is not recommended during pregnancy and in women of childbearing potential not using contraception. A decision must be made whether to discontinue breast-feeding or to discontinue/abstain from DARZALEX therapy taking into account the benefit of breast-feeding for the child and the benefit of therapy for the woman. **INTERACTIONS:** No interaction studies have been performed. PLEASE REFER TO FULL PRESCRIBING INFORMATION BEFORE PRESCRIBING.

API version to be quoted on promotional material: Darzalex SC aPI ver.1.0

Watch DARZALEX® SC  
MOA video online



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CP-355585 NOV 2022



# Welcome Message



## Prof. James CS Chim

Founding & Current Chairman,  
Hong Kong Society of Myeloma

Dear friends & colleagues,

Time flies! It's been a year since our last Annual Scientific Meeting (ASM). The ASM of the Hong Kong Society of Myeloma (HKSOM) is around the corner, and you are cordially invited to the **13<sup>th</sup> ASM of HKSOM**. The treatment of multiple myeloma is complex and rapidly evolving because of groundbreaking advances in recent years, particularly in the post COVID-19 pandemic era.

In this meeting, we are delighted to have internationally renowned myeloma experts to talk about the advances in the management of multiple myeloma, spanning from anti-CD38, IMiD to anti-BCMA. Moreover, it is also the prime time to have brainstorming on the need of re-defining "high-risk" myeloma, and hence a possible risk-stratified approach.

Therefore, on behalf of the Society, I would like to extend to you our warmest welcome, and am sure that you will enjoy these inspiring presentations. Moreover, it is time to catch up with one another after these years of separation.

Looking forward to seeing you soon!

Sincerely yours,

A handwritten signature in black ink, appearing to read "James CS Chim". The signature is fluid and cursive, with the first name "James" being the most prominent.

Prof. James CS Chim

For appropriate patients faced with relapsed/refractory multiple myeloma

# FORGE AHEAD WITH A BOLD APPROACH

## Target BCMA for RRMM

BLNREP is the first and only BCMA-targeted antibody-drug conjugate (ADC) monotherapy.<sup>1</sup> So you can offer your RRMM patients a clear option.

### INDICATION

BLNREP is indicated as monotherapy for the treatment of multiple myeloma in adult patients, who have received at least four prior therapies and whose disease is refractory to at least one proteasome inhibitor, one immunomodulatory agent, and an anti-CD38 monoclonal antibody, and who have demonstrated disease progression on the last therapy.

### Important Safety Information for Blenrep (Belantamab mafodotin)

- The most commonly reported adverse reactions were keratopathy including microcyst-like epithelial changes in corneal epithelium with or without changes in visual acuity, blurred vision, and dry eye.
- Patients should be advised to use caution when driving or operating machinery as Blenrep may affect their vision.
- Patients should have an ophthalmic examination performed by an eye care professional at baseline, before the subsequent 3 treatment cycles, and as clinically indicated whilst on Blenrep treatment
- Physicians should advise patients to administer preservative-free artificial tears at least 4 times a day beginning on the first day of infusion and continuing until completion of treatment

### BLNREP Prescribing Information:



HK67213-Blenrep powder for concentrate for solution for infusion 100mcg

**BLNREP**  
belantamab  
mafodotin

**Made for This Moment**

**Reference:** 1. BLNREP (belantamab mafodotin) Summary of Product Characteristics.

The material is for the reference and use by healthcare professionals only. For adverse events reporting, please call GlaxoSmithKline Limited at (852) 3189 8989 (Hong Kong) or email to HK Adverse Event mailbox: HKAdverseEvent@gsk.com. Full Prescribing Information is available upon request. Please read the full prescribing information prior to administration, available from GlaxoSmithKline Limited. Trade marks are owned by or licensed to the GSK group of companies. ©2023 GSK group of companies or its licensor.

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PM-HK-BLM-ADVT-210001 (09/2025)  
Date of preparation : 10/2023

# Organizing Committee



Founding & Current Chairman

**Prof. James CS CHIM**

Secretary

**Dr. Harold LEE**

Treasurer

**Dr. Michael LG WONG**

Council Members

**Dr. Albert LAM**

**Dr. Elaine AU**

**Dr. Grace LAU**

**Dr. Herman LIU**





# Agenda

- 14:00 - 14:20 Registration
- 14:20 - 14:30 Opening Ceremony  
*Prof. James CS CHIM*
- 14:30 - 15:05 **Session I :**  
The Role of IMiDs in the Treatment of Multiple Myeloma in the 21st Century  
Q&A - 5 mins  
*Prof. Joaquin MARTINEZ-LOPEZ (Spain)*
- 15:05 - 15:40 **Session II:**  
Anti-CD38 Antibody Therapy Sequencing in rMM Management  
Q&A - 5 mins  
*Prof. Kwee YONG (UK)*
- 15:40 - 16:15 Tea Break
- 16:15 - 16:50 **Session III:**  
Incorporating the BCMA-Targeted Therapies Throughout the MM Disease Course  
Q&A - 5 mins  
*Dr. Suzanne TRUDEL (Canada)*
- 16:50 - 17:25 **Session IV:**  
The Era of T-cell Redirecting Bispecific Antibodies in Multiple Myeloma  
Q&A - 5 mins  
*Prof. Gareth MORGAN (US)*
- 17:25 - 17:45 Break
- 17:45 - 18:20 **Session V:**  
Induction for Non-transplant Candidates of Multiple Myeloma & Case Presentation  
Q&A - 5 mins  
*Prof. James CS CHIM & Dr. Justin KS LI*
- 18:20 - 20:00 Dinner | Closing Ceremony  
Certificate of Appreciation Presentation  
*Dr. Harold LEE*

# IN THE TREATMENT OF RELAPSED/REFRACTORY MULTIPLE MYELOMA, NINLARO® BRINGS<sup>1</sup>

## SUSTAINED

## EFFICACY<sup>^</sup>

<sup>1</sup>Tourmaline MM1 study (n=722)

Aim: Compare efficacy and tolerability IRd vs placebo-Rd in rMM patients; Key Primary Endpoint: PFS (IRd vs placebo-Rd=20.6 months vs 14.7 months); Key Secondary Endpoint: ORR (IRd vs placebo-Rd=78.3% vs 71.5%)  
I: Ixazomib; R: Lenalidomide; d: Dexamethasone; rMM: Relapsed/Refractory Multiple Myeloma; PFS: Progression Free Survival; OS: Overall Survival; ORR: Overall Response Rate. The rates of serious adverse events were similar in both study groups.

### Abbreviated Prescribing Information (EU APR21-HK JUN21)

Ninlaro 2.3mg, 3mg and 4mg Capsules

**Active Ingredient:** Ixazomib citrate **Indication:** NINLARO in combination with lenalidomide and dexamethasone is indicated for the treatment of adult patients with multiple myeloma who have received at least one prior therapy. **Dose & Administration:** The recommended starting dose of NINLARO is 4 mg administered orally once a week on Days 1, 8, and 15 of a 28-day treatment cycle. The recommended starting dose of lenalidomide is 25 mg administered daily on Days 1 to 21 of a 28-day treatment cycle. The recommended starting dose of dexamethasone is 40 mg administered on Days 1, 8, 15, and 22 of a 28-day treatment cycle. Treatment should be continued until disease progression or unacceptable toxicity. Ninlaro 3mg and 2.3mg are available for dose modification according to the dose modifications guidelines. NINLARO is for oral use. NINLARO should be taken at approximately the same time on days 1, 8, and 15 of each treatment cycle at least 1 hour before or at least 2 hours after food. The capsule should be swallowed whole with water. It should not be crushed, chewed, or opened. **Contraindications:**

Hypersensitivity to ixazomib citrate. **Special precautions:** Thrombocytopenia has been reported with NINLARO with platelet nadirs typically occurring between Days 14-21 of each 28-day cycle and recovery to baseline by the start of the next cycle. Diarrhoea, constipation, nausea and vomiting have been reported with NINLARO, occasionally requiring use of antiemetic and antidiarrhoeal medicinal products and supportive care. The dose should be adjusted for severe (Grade 3-4) symptoms. In case of severe gastrointestinal events, monitoring of serum potassium level is recommended. Patients experiencing new or worsening peripheral neuropathy may require dose modification. Rash should be managed with supportive care or with dose modification if Grade 2 or higher. Cases of thrombotic microangiopathy, including thrombotic thrombocytopenic purpura, have been reported in patients who received NINLARO, some of these events have been fatal, signs and symptoms of thrombotic microangiopathy should be monitored. Women should avoid becoming pregnant while being treated with NINLARO. Women of childbearing potential must use highly effective contraception while taking NINLARO and for 90 days after stopping treatment. Women using hormonal contraceptives should additionally use a barrier method of contraception. **Adverse Reactions:** upper respiratory tract infection, thrombocytopenia, neutropenia, peripheral neuropathy, diarrhoea, nausea, vomiting, constipation, rash, peripheral oedema.

For details, please refer to full prescribing information.

 **NINLARO**<sup>®</sup>  
ixazomib capsules  
**恩萊瑞**<sup>®</sup>

  
ONCOLOGY

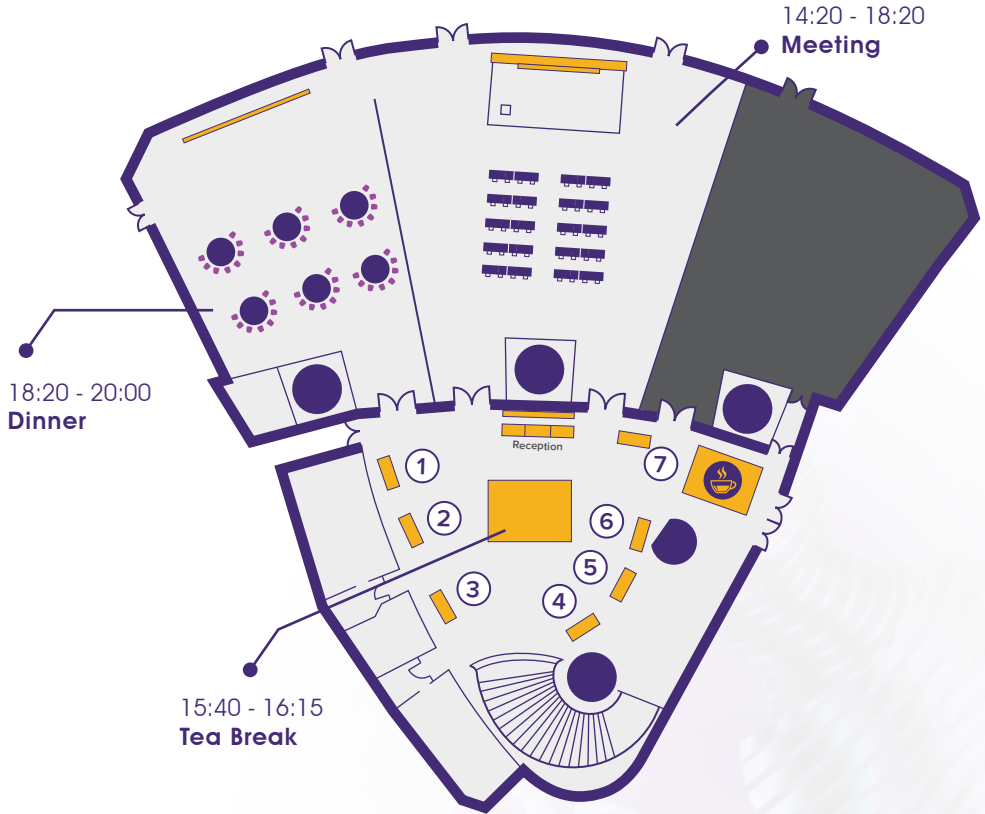
Takeda Pharmaceuticals (HK) Ltd  
23/F & 24/F East Exchange Tower,  
38 Leighton Road, Causeway Bay, Hong Kong  
Tel : 2133 9800 Fax : 2856 2728

Reference: 1, Moreau P et al, N Engl J Med, 2016 Apr 28;374(17):1621-1634.  
For reporting suspected side effects for Takeda products at AE.HongKong@takeda.com  
For asking medical information and other inquiries for Takeda products at medinfohk@takeda.com

C-APROM/HK/NINL/0018(08/2022)

# Floor Plan

## Conrad Hong Kong Grand Ballroom



- ① Bristol Myers Squibb Pharma (Hong Kong) Limited
- ② GlaxoSmithKline Limited
- ③ Janssen, a division of Johnson & Johnson (Hong Kong) Limited
- ④ Sanofi Hong Kong Limited
- ⑤ Amgen Hong Kong Limited
- ⑥ Pfizer Corporation Hong Kong Limited
- ⑦ Takeda Pharmaceuticals (Hong Kong) Limited

# WHEN MULTIPLE MYELOMA RELAPSES, RESPOND WITH THE EFFICACY OF KYPROLIS®<sup>1,2</sup>

Around 4 in 10 patients with MM who start second-line therapy never start a third.<sup>3</sup>  
Your treatment choice at first relapse matters for your patients with relapsed MM.<sup>4</sup>

IMPROVED  
MEDIAN OS

**Median OS of 48.3 months with KRd in relapsed MM patients compared to 40.4 months with Rd; (HR=0.794; 95% CI: 0.667-0.945; *p*-value (2-sided)=0.0091)<sup>1,5</sup>**  
(OS was a secondary endpoint in ASPIRE)

ENDEAVOR (Kd)

**Median OS of 47.6 months with Kd in relapsed or refractory MM patients compared to 40.0 months with Vd; (HR=0.791; 95% CI: 0.648-0.964; *p*=0.010)<sup>1,6</sup>**  
(OS was a secondary endpoint in ENDEAVOR)

SUSTAINABLE  
EFFICACY

**Median PFS of 26.3 months with KRd in relapsed patients compared to 17.6 months with Rd; (HR=0.69; 95% CI: 0.57-0.83; *p*<0.0001)<sup>2</sup>**

**KYPROLIS® doubled the median PFS compared to bortezomib; (18.7 months vs. 9.4 months; HR=0.533; 95% CI: 0.44-0.65; *p*<0.0001)<sup>1,7</sup>**

DEEP  
RESPONSE

**With KRd, almost 1 out of 3 patients reached complete response or better (31.8%)<sup>2</sup>**

**KYPROLIS® doubled the rate of complete response or better compared to bortezomib; (12.5% vs. 6.2%; *p*=0.0005)<sup>1</sup>**

**KYPROLIS® is now available in ONCE-WEEKLY and TWICE-WEEKLY dosing, so you can choose the treatment regimen that best suits your patients.<sup>1</sup>**

**Abbreviations:** CI, confidence interval; HR, hazard ratio; Kd, carfilzomib and dexamethasone; KRd, carfilzomib, lenalidomide and dexamethasone; MM, multiple myeloma; OS, overall survival; PFS, progression-free survival; Rd, lenalidomide and dexamethasone; Vd, bortezomib and dexamethasone  
**References:** 1. KYPROLIS® Hong Kong Prescribing Information, December 2020. 2. Stewart AK, et al. *N Engl J Med*. 2015;372(2):142-152. 3. Yong K, et al. *Br J Haematol*. 2016;175(2):252-264. 4. Durie BG. *Cancer Treat Rev*. 2010;36 Suppl 2:S18-S23. 5. Siegel DS, et al. *J Clin Oncol*. 2018;36(8):728-734. 6. Dimopoulos MA, et al. *Lancet Oncol*. 2017;18(10):1327-1337. 7. Dimopoulos MA, et al. *Lancet Oncol*. 2016;17(1):27-38.

**Kyprolis® (Carfilzomib) Abbreviated Prescribing Information**

**Indications:** Kyprolis is indicated in combination with dexamethasone or with lenalidomide plus dexamethasone for the treatment of patients with relapsed or refractory multiple myeloma who have received one to three lines of therapy. **Dosage & Administration:** Administration **Precautions:** Dose based on BSA to max 22 mg/m<sup>2</sup>; dose adjust for weight changes >20%. See full PI for dosing & administration information. Ensure adequate hydration before Cycle 1, Day 1 with oral fluids (60 mL per kg and prior to each dose in Cycle 1 with IV fluids (250-500 mL). Administer after hemodialysis procedure for patients on hemodialysis. **Contraindications:** Concomitant with dexamethasone. Each 28 day period is considered one treatment cycle. Administer dexamethasone 30 mins to 1 hrs before Kyprolis. Treatment may be continued until disease progression or unacceptable toxicity occurs. Once weekly Kyprolis is administered as a 30 min IV infusion once weekly for 3 weeks followed by a 13 day rest period. Administer Kyprolis at a starting dose of 20 mg/m<sup>2</sup> in Cycle 1 on Day 1. If tolerated, escalate the dose to 70 mg/m<sup>2</sup> on Day 8 of Cycle 1. Dexamethasone 40 mg is taken PO on Days 1, 8, and 15 of all cycles and on Day 22 of Cycles 1 to 9. Twice weekly Kyprolis is administered as a 30 minute IV infusion on two consecutive days, each week for 3 weeks followed by a 12 day rest period. Administer Kyprolis at a starting dose of 20 mg/m<sup>2</sup> in Cycle 1 on Days 1 and 2. If tolerated, escalate the dose to 56 mg/m<sup>2</sup> on Day 8 of Cycle 1. Dexamethasone 20 mg is taken PO or IV on Days 1, 2, 8, 9, 15, 16, 22, and 23 of each 28 day cycle. **Concomitant with lenalidomide and dexamethasone:** Administer Kyprolis at a 10 min IV infusion on two consecutive days, each week for 3 weeks followed by a 12 day rest period. Each 28 day period is considered one treatment cycle. The recommended starting dose of Kyprolis is 20 mg/m<sup>2</sup> in Cycle 1 on Days 1 and 2. If tolerated, escalate the dose to 27 mg/m<sup>2</sup> on Day 4 of Cycle 1. From Cycle 13, omit the Day 8 and 9 doses of Kyprolis. Lenalidomide 25 mg is taken PO on Days 1-21 and dexamethasone 40 mg PO or IV on Days 1, 8, 15, and 22 of the 28 day cycles. Continue treatment until disease progression or unacceptable toxicity occurs. Treatment for longer than 18 cycles should be based on individual benefit/risk assessment. **Contraindications:** None. **Warnings & Precautions:** **Recommendations:** Control hypertension prior to starting Kyprolis, thrombocytopenia (venous thrombosis). **Consider:** Uric acid-lowering drugs in patients at risk for tumor lysis syndrome, prophylaxis with antivirals for patients who are hepatitis B virus (HBV) carriers. **Monitor:** Clinical signs or symptoms of cardiac failure or cardiac ischemia (cardiac toxicities), blood loss (hemorrhage), thrombotic thrombocytopenic purpura/hemolytic uremic syndrome (TTP/HUS) (thrombotic microangiopathy), renal function with regular measurement of the serum creatinine and/or estimated clearance, platelet counts (thrombocytopenia), liver enzymes (hepatic toxicity and failure), serum potassium levels. **Discontinuation:** Kyprolis. In the event of drug-induced pulmonary toxicity. If Pediatric Reversible Encephalopathy Syndrome (PRES) is suspected or if Progressive Multifocal Leukoencephalopathy (PML) diagnosis is confirmed. **Others:** Evaluate promptly if cardiac toxicity is suspected. Withhold Kyprolis for Grade 3/4 cardiac adverse reactions until recovery. Withhold for pulmonary hypertension until resolved or returned to baseline. Stop Kyprolis for Grade 3/4 dyspnea until resolved or returned to baseline. **Admission-related actions up to 24 hrs after administration of Kyprolis:** HBV reactivation. Kyprolis in combination with melphalan and prednisone is not indicated for transplant-ineligible patients with newly diagnosed multiple myeloma. **Pregnancy:** Kyprolis can cause fetal harm when administered to a pregnant woman. Use effective contraception during & after treatment (females: 6 mo, males 3 mo), consider alternate to oral or hormonal contraceptives. Do not administer to breastfeeding women. **Adverse Reactions:** Common: Anemia, neutropenia, thrombocytopenia, diarrhea, constipation, nausea, vomiting, fatigue, pyrexia, edema peripheral, asthenia, upper respiratory tract infection, bronchitis, viral upper respiratory tract infection, respiratory tract infection, pneumonia, hypokalemia, hypocalcemia, hypomagnesemia, muscle spasms, back pain, peripheral neuropathy, headache, insomnia, cough, dyspnea, rash, embolic and thrombotic events, hypertension. **Please read full prescribing information prior to administration (available upon request).** Kyprolis® is a registered trademark owned or licensed by Amgen Inc., its subsidiaries, or affiliates. Version: HKA00004

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IN THE MAZE OF  
MULTIPLE MYELOMA,  
**BCMA-DIRECTED  
BsAbs MAY PROVIDE  
A NEW WAY  
FORWARD**<sup>1,2</sup>



B-cell maturation antigen (BCMA) is overexpressed on multiple myeloma (MM) cells<sup>1,3</sup>



Bispecific antibodies (BsAbs) designed to target BCMA have the potential to function as **tumor-recognizing immune enhancers** and may offer a new way forward for MM patients<sup>1-6</sup>

**References:** 1. Caraccio C, Krishna S, Phillips DJ, Schürch CM. Bispecific antibodies for multiple myeloma: a review of targets, drugs, clinical trials, and future directions. *Front Immunol.* 2020;11:501. doi:10.3389/fimmu.2020.00501 2. Nadeem O, Tai YT, Anderson KC. Immunotherapeutic and targeted approaches in multiple myeloma. *Immunotargets Ther.* 2020;9:201-215. doi:10.2147/ITT.S240886 3. Shah N, Chari A, Scott E, Mezzi K, Usmani SZ. B-cell maturation antigen (BCMA) in multiple myeloma: rationale for targeting and current therapeutic approaches. *Leukemia.* 2020;34:985-1005. doi.org/10.1038/s41375-020-0734-z 4. Zhou X, Einsele H, Danhof S. Bispecific antibodies: a new era of treatment for multiple myeloma. *J Clin Med.* 2020;9:1-14. doi:10.3390/jcm9072166 5. Swann JB, Smyth MJ. Immune surveillance of tumors. *J Clin Invest.* 2007;117:1137-1146. doi:10.1172/JCI31405 6. Pratt G, Goodyear O, Moss P. Immunodeficiency and immunotherapy in multiple myeloma. *Br J Haematol.* 2007;138:563-579. doi:10.1111/j.1365-2141.2007.06705.x

## The Role of IMiDs in the Treatment of Multiple Myeloma in the 21st Century

Prof. Joaquin MARTINEZ-LOPEZ

Complutense University of Madrid, Spain

Since 1999, when the NEJM published a study showing thalidomide's efficacy in multiple myeloma (MM), thalidomide and its derivatives have been used increasingly and have had a positive impact on MM treatment. We now know that thalidomide derivatives act through cereblon, which is responsible for both their primary antimyeloma effects and their main adverse events. Cereblon E3 ligase modulators are immunomodulatory medications. Cereblon is a protein that plays a role in the degradation of other proteins. IMiDs bind to cereblon and alter its activity, which can lead to the degradation of proteins involved in cancer cell growth and survival. In MM, IMiDs specifically target two proteins for degradation: Ikaros and Aiolos. These proteins are transcription factors that play a role in the development and survival of myeloma cells. By degrading Ikaros and Aiolos, IMiDs can kill myeloma cells. New IMiDs are more specific to degrade Ikaros and Aiolos; this reduces their adverse events because they reduce their effect over other proteins degradation that produce some adverse events. IMiDs have also an immune-stimulatory effect. This means that it can help to activate the immune system to fight cancer cells. IMiDs do this by upregulating the expression of cell adhesion molecules on myeloma cells. This makes it easier for T-cells to bind to and kill the myeloma cells. These increase also the cytotoxicity activity of immune effectors cells against MM cells.

Now we have 5 IMiDs within the clinic: thalidomide, lenalidomide and pomalidomide approved and 2 in the last steps of clinical development. The success of IMiDs is due to their high oral antimyeloma activity, safety with low long-term adverse events, and synergy with other key antimyeloma drugs. Although thalidomide is approved in MM and can now be used in combination with daratumumab and bortezomib in patients eligible for transplant, it is avoided because it frequently causes irreversible neuropathy.

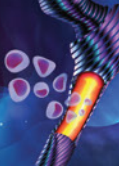
Lenalidomide plays a pivotal role in the initial treatment of multiple myeloma, both during induction therapy and as part of a maintenance regimen, often in conjunction with proteasome inhibitors, monoclonal antibodies, and corticoids. Meanwhile, pomalidomide finds application in combination with other antimyeloma medications in second and third-line treatments, demonstrating efficacy especially in patients who have become refractory to or have been exposed to lenalidomide.

Importantly, all these drugs share a similar safety profile. The predominant adverse events involve hematological toxicity, including neutropenia, anemia, and thrombocytopenia. While they do elevate the risk of thrombosis, this risk can be mitigated through the use of antiplatelet agents or anticoagulants. Moreover, the likelihood of significant neuropathy is substantially reduced to approximately 5%.

New IMiDs show preliminary results from early-phase clinical trials suggested that may be effective, particularly in combination with other myeloma therapies. It has shown promise in treating patients who have become resistant to other treatments, including lenalidomide and pomalidomide, even in some cases where patients had relapsed after CAR-T cell therapies. But now its development is focus on newly diagnosis patients. These are also well-tolerated by most patients. The most common side effects are like to pomalidomide and lenalidomide.

Furthermore, these are currently under investigation in combination with other anti-myeloma drugs in various phase II and phase III clinical trials for the treatment of multiple myeloma in early and late phases of the disease.

In conclusion, the new class of drugs known as IMiDs, has shown a highly favorable safety profile along with promising clinical efficacy in the treatment of multiple myeloma. These findings offer hope for improved treatment options for patients with this challenging disease.



# Anti-CD38 Antibody Therapy Sequencing in rrMM Management

Prof. Kwee YONG

University College London, United Kingdom

CD38 is a type II transmembrane glycoprotein that functions as both membrane receptor inducing leukocyte proliferation, and ectoenzyme regulating calcium signalling. Its elevated expression in multiple myeloma cells render it differential target for anti-tumor therapy. Currently approved anti-CD38 antibodies, including isatuximab and daratumumab, exhibited diverse mechanisms of action. For instance, they may directly inhibit CD38 cyclase activity, trigger receptor removal or even apoptosis. In addition, Fc-mediated responses such as antibody-dependent cell-mediated cytotoxicity (ADCC), cellular phagocytosis (ADCP), immunomodulation or complement-dependent cytotoxicity (CDC) are also involved.

With such mechanistic differences, it was proposed that various anti-CD38 medications might be used in sequence to treat relapsed/refractory multiple myeloma (rrMM). Whether isatuximab should be administered before or after daratumumab remain disputed. In this session, evidence-based anti-CD38 drug sequencing strategies would be discussed.

# Incorporating the BCMA-Targeted Therapies Throughout the MM Disease Course

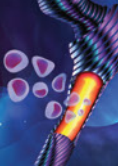
Dr. Suzanne TRUDEL  
University of Toronto, Canada

B-cell maturation antigen (BCMA) is a type III transmembrane glycoprotein receptor of tumor necrosis family. Its expression is elevated in neoplasm such as multiple myeloma, correlating with disease burden. Thus, BCMA-targeted therapies are widely-anticipated to be efficacious.

One pharmacological direction is chimeric antigen receptor T-cell (CAR-T) therapy. By engineering patient T-cell to express CAR specific to tumor-associated antigen (TAA) such as BCMA, cell-mediated immune response could be directed towards tumor cytotoxicity via granzyme B/ perforin pathway.

Another direction is use of T-cell engaging bispecific antibodies (BsAbs). By immediately linking BCMA to T-cell surface marker such as CD3, cell-mediated immune response could also be engaged. Both strategies have demonstrated clinical efficacy, and are subjected to similar side effect such as cytokine release syndrome and immune effector cell-associated neurotoxicity syndrome (ICANS). In this session, different BCMA-targeted therapies would be compared throughout disease course of multiple myeloma.





## The Era of T-cell Redirecting Bispecific Antibodies in Multiple Myeloma

Prof. Gareth MORGAN  
New York University, United States

T-cell engaging bispecific antibodies (BsAbs) is a novel treatment option for multiple myeloma patients refractory to multiple drug classes, including immunomodulatory imide drug (IMiD), proteasomal inhibitors (PI) and anti-CD38 monoclonal antibodies (mAb). By linking tumor-associated antigen (TAA) to T-cell surface marker such as CD3, cell-mediated immune response could be directed towards tumor cytotoxicity via granzyme B/ perforin pathway.

Yet, BsAbs are often inductive of cytokine release syndrome, necessitating addition of IL-6 receptor-blocking antibodies to manage side effects. As BsAbs continued to show promising efficacy, therapy combinations are being developed to improve clinical outcomes.

In addition, structural design of BsAbs has direct pharmacological implication. Antibodies that omit Fc fragments [such as bispecific T-cell engager (BiTe)] prevent non-specific T-cell activation, yet reduced half-life to the extent that continuous intravenous administration might be required. Optimising BsAbs for clinical use remain challenging. In this session, the landscape of BsAbs in clinical practice would be surveyed.

# Induction for Non-transplant Candidates of Multiple Myeloma & Case Presentation

Prof. James CS CHIM

University of Hong Kong, Hong Kong SAR

Dr. Justin KS LI

Tuen Mun Hospital, Hong Kong SAR

To transplant-ineligible multiple myeloma patients, conventional induction therapies were poor. For more than 40 years, combination of melphalan and prednisone (MP) was the standard approach, yielding progression-free survival (PFS) of about 18 months and overall survival (OS) of 3 years at best. Treatment goal was limited to achieving partial response and preventing organ damage.

With advent in combination therapies, three-drug regimens were reported with higher efficacy and safety for newly diagnosed patients. They commonly comprised of one proteasome inhibitor, one steroid, and one immunomodulatory imide drug (IMiDs) or DNA alkylator. For instance, both the National Comprehensive Cancer Network (NCCN) and European Society of Medical Oncology (ESMO) have recommended bortezomib/lenalidomide/dexamethasone (VRd) as primary therapy for non-transplant candidates. Daratumumab, an anti-CD38 antibody, also served as replacement for bortezomib (DaraRd) or augmenting the combination into four-drug regimen (DaraVMP). In addition, second-generation novel agents such as carfilzomib and elotuzumab were being investigated. In this session, the variations in induction therapy for non-transplant multiple myeloma patients would be discussed in depth and exemplified by case studies.

# Patients achieved early platelet **Boost** with Romiplate<sup>®1\*</sup>

**Fast onset of action**

- ▼ Median time to platelet response was 2.1 weeks<sup>1</sup>
- ▼ 88% of patients achieved a platelet response<sup>2#</sup>

**Sustained Response**

- ▼ 61% of patients sustained platelet counts  $\geq 50 \times 10^9/L$  for  $\geq 11$  months during the treatment period<sup>1</sup>

## Abbreviated Package Insert of ROMIPLATE Power for Solution for Injection 250mcg

**Composition:** Romiplostim. **Indications:** Treatment of primary immune thrombocytopenia (ITP) in adult patients who are refractory to other treatments (e.g. corticosteroids & immunoglobulins); **Dosage and Administration:** SC inj Initially 1 mcg/kg (ABW) q1w, may be increased by increments of 1 mcg/kg until achieving a PLC  $\geq 50 \times 10^9/L$ . Max: 10 mcg/kg q1w. **Contraindications:** Hypersensitivity to romiplostim or any of the excipients or E. coli-derived proteins. **Precautions:** Recurrence of thrombocytopenia & bleeding after discontinuation. Increased bone marrow reticulin. Thrombotic/thromboembolic complications. Progression of existing myelodysplastic syndrome (MDS). Immunogenicity. Alterations in RBC & WBC. Renal & hepatic impairment. May impair ability to drive or operate machinery. Pregnancy & lactation. Child <18 yr. **Common adverse reactions:** Upper respiratory tract infection, hypersensitivity, headache. **Serious adverse reactions:** reoccurrence of thrombocytopenia and bleeding after cessation of treatment, increased bone marrow reticulin, thrombotic/thromboembolic complications, progression of existing MDS to AML. **P/P:** Powd for soln for inj (vial) 250 mcg x 1's.

Approved version of package insert: Jan 2023.

Please refer to the full prescribing information before prescribing. Further information is available upon request.

\*Platelet response was defined as a platelet count  $\geq 50 \times 10^9/L$

# Based on Overall Platelet Response in non-splenectomized patient

**Reference:** **1.** Newland A, Godeau VP, Priego V, et al. Remission and platelet responses with romiplostim in primary immune thrombocytopenia: final results from a phase 2 study. *Br J Haematol.* 2016;172(2):262-273. **2.** Vishnu P, Aboulafia DM. Long-term safety and efficacy of romiplostim for treatment of immune thrombocytopenia. *J Blood Med.* 2016;7:99-106. **3.** Hong Kong Prescribing Information, Sep 2019.

THIS MATERIAL IS MEANT FOR HEALTHCARE PROFESSIONALS ONLY

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XPOVIO® (selinexor) is the first clinically proven XPO1 inhibitor<sup>1</sup>

HELPS RESTORE TUMOUR SUPPRESSOR PATHWAYS TO FIGHT MULTIPLE MYELOMA (MM)<sup>2,3</sup>

## XPOVIO® + dexamethasone (Xd)

# for the treatment of penta-refractory multiple myeloma<sup>1,4</sup>

#### References:

1. XPOVIO® (selinexor) [prescribing information], Antengene (Hong Kong) Ltd, July 2023.
2. Benkova K, Mihaljova J, Hajek R, Jelinek T. Selinexor, selective inhibitor of nuclear export: an unselective bullet for blood cancers. *Blood Rev.* 2021;46:100758.
3. Azmi AS, Uddin MH, Mohammad RM. The nuclear export protein XPO1 – from biology to targeted therapy. *Nat Rev Clin Oncol.* 2021;18(3):152-169.
4. Chari A, et al. Oral Selinexor–Dexamethasone for Triple Class Refractory Multiple Myeloma. *N Engl J Med* 2019;381:727-38.

#### Hong Kong Approved Indication:

- XPOVIO® in combination with dexamethasone is indicated for the treatment of adult patients with relapsed or refractory multiple myeloma who have received at least four prior therapies and whose disease is refractory to at least two proteasome inhibitors, at least two immunomodulatory agents, and an anti-CD38 monoclonal antibody.

**XPOVIO® (selinexor) Tablets 20mg Minimum Product Information.** Indication: XPOVIO is indicated in combination with dexamethasone (Xd) for the treatment of multiple myeloma in adult patients who have received at least four prior therapies and whose disease is refractory to at least two proteasome inhibitors, two immunomodulatory agents and an anti-CD38 monoclonal antibody, and who have demonstrated disease progression on the last therapy. **Dosage & administration:** Xd - XPOVIO® (Selinexor) 80mg PO on Days 1 & 3 of each week in combination with dexamethasone 20mg PO on Days 1 & 3 of each week until disease progression or unacceptable toxicity. **Contraindications:** Hypersensitivity to the active substance or to any of the excipients (listed in section 6.1 of product information). **Warnings & Precautions:** Assess complete blood counts (CBC) at baseline, during treatment and as clinically indicated. Monitor more frequently during the first two months of treatment. **Thrombocytopenia:** Monitor for signs and symptoms of bleeding. Manage with dose interruptions, modifications, platelet transfusions, and/or other treatments as clinically indicated or permanently discontinue based on severity. **Neutropenia:** Monitor for signs of infection. Neutropenia can be managed with dose interruptions, modifications, and colony-stimulating factors as per medical guidelines. **Gastrointestinal Toxicity:** Prophylaxis with 5HT<sub>3</sub> antagonists and/or other anti-nausea agents prior to and during treatment. Administer fluids with electrolytes to prevent dehydration. Manage nausea/vomiting with dose interruptions, modifications and/or initiation of other antiemetics. Manage Diarrhoea with dose interruptions, modifications and/or anti-diarrhoeals. **Weight Loss and anorexia:** body weight and nutritional status should be monitored throughout treatment. Monitor more frequently during the first two months of treatment. Dose modifications, appetite stimulants and nutritional consultations may be required. **Hyponatremia:** Monitor sodium levels throughout treatment. Monitor more frequently in the first two months. Manage with intravenous sodium chloride solution and/or salt tablets. Dose interruptions and/or modifications may be required. **Embryo-Fetal Toxicity:** Advise females of reproductive potential and males with a female partner of reproductive potential, of avoid becoming pregnant or abstain from sexual intercourse while treated with XPOVIO and for at least 1 week following the last dose. **Recommended concomitant treatments** Patients should be advised to maintain adequate fluid and caloric intake throughout treatment. Intravenous hydration should be considered for patients at risk of dehydration. **Interactions:** Concomitant use of strong CYP3A4 inducer might lead to lower exposure of XPOVIO. **Adverse Events:** The most common adverse reactions (≥30% in patients with multiple myeloma who received Xd were nausea (75%), thrombocytopenia (75%), fatigue (66%), anemia (60%), decreased appetite (56%), decreased weight (49%), diarrhea (47%), vomiting (43%), hyponatremia (40%), neutropenia (36%) and leukopenia (30%). **Use In Specific Populations:** Lactation: Breast feeding should be discontinued during treatment with XPOVIO and for 1 week after last dose.

Healthcare providers are encouraged to report adverse events in patients taking XPOVIO to Antengene Ltd (Hong Kong) at [ae@antengene.com](mailto:ae@antengene.com). Should you have questions or require information on the safety and appropriate use of XPOVIO®, please email to [medinfo.hk@antengene.com](mailto:medinfo.hk@antengene.com)

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HK-KPO-2023-01-04  
Date of Approval: October 2023



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